



4th EUROPEAN SAI YOUNG ADULTS CAMP 2020

'Unity is Divinity, Purity is Enlightenment'

"A clear mirror reflects the rays of the sun. We can see the sun's image reflected by the calm surface of clear water. Likewise, the sacred vision of the Supreme Self is revealed to an unperturbed and tranquil mind in which all thought waves have been calmed. A pure and holy heart will mirror the Divine glory of our true Self."

~ Sathya Sai

(extract from Summer Showers in Brindavan 1979)

Dearest Sai Young Adults,

A heartfelt Om Sai Ram and loving greetings to each one of you!

We are very happy to invite you to the **4th European Sai Young Adults Camp** that will take place in **Sai Prema, Markopoulo, near Athens** from **Friday 21st August to Sunday 30th August 2020** under the theme '**Unity is Divinity, Purity is Enlightenment**'

The programme will include daily spiritual practices such as meditation, prayer and devotional singing, physical exercise, inspiring workshops, being in nature and the seaside, excursions, shared meals and other uplifting activities.

We invite you all to share this experience of joy with us, along with other fellow YAs, and to be part of the 4th European Sai Young Adults Camp 2020! To participate, please fill in the online registration form which can be found [here](#). In the next two pages, you will find more specific details.

We are very enthusiastic about sharing yet another incredible camp together and look forward to having you in sunny Greece!

Location: <https://goo.gl/maps/NF1TbhcbHUBV2xTk6>

With Love,

Lorenzo, Monisha, Renata, Nirali, Sai Kawi & Dixia

(Zones 6, 7, 8 YA Coordinators & U.K. NYACs respectively, on behalf of the Camp Organising Team)

Dates	Friday August 21 st (<i>arrival</i>) to Sunday August 30 th (<i>departure</i>)
Venue	Sai Prema, Markopoulo/Athens, Greece
Participants	Sai Young Adults (18 - 40)
Registration & Registration Timeframe	<p>To register for the meeting, please fill in the registration form, which can be found here.</p> <p>*** Please register before July 19th ***</p>
Accommodation	Will be provided in Sai Prema premises (<i>max. 60 participants</i>)
Costs	The proposed contribution to cover accommodation, meals, transportation from and to the airport as well as rides to the seaside is 280€ per participant for 10 days, and will be paid upon arrival.
Getting there ...	<p>Athens can be directly reached from many European cities by plane, bus, train or car. You will be picked up from and be taken to the airport by volunteer drivers. The participants arriving by train or bus will first be directed to take the metro to meet us at the airport where they will then be picked up.</p> <p><i>(The participants who arrive or depart between 1 a.m. and 6 a.m. will have to cover the extra cost of a taxi).</i></p>
Programme	A proposed daily programme can be found on the next page.
Other	Those who have a European driving license are kindly asked to bring it along with them. In case of a big number of participants, we will need your assistance as we may not have enough local volunteer drivers. Thank you ☺
Contact	For any questions or suggestions regarding the timeframe, accommodation or travel, please send an e-mail to yasummer.camp@gmail.com

Objectives:

- Coming together of young adults of the European Sathya Sai International Organisation
- Study of Sathya Sai's spiritual teachings to become better exemplars of His Universal Message and the practice of Human Values.
- Collective spiritual practices and inspiration for practical implementation in daily life
- Provide young adults chances for close collaboration
- Experience unity and equality among young adults, as well as with nature and God
- Help young adults develop self-confidence
- Prepare young adults for future leading roles

Daily Programme

06:30 – 08:00	Meditation & Morning Prayers
08:00 – 08:45	Physical exercise
08:45 – 09:30	Breakfast
09:30 – 10:00	Cleaning of dining room, kitchen and rooms
10:00 – 12:30	Swimming (<i>ladies & gents separately</i>), personal study, field work
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13:30 – 14:30	Lunch
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14:30 – 15:00	Cleaning of dining room and kitchen
15:00 – 16:30	Rest
16:30 – 17:00	Fruit
17:00 – 19:15	Workshop / Inspirational Talk
19:45 – 20:30	Dinner
20:30 – 21:00	Cleaning of dining room and kitchen
21:00 – 21:45	Devotional Singing & Meditation
22:00	Sleep

Note: in the spirit of mutual collaboration and service, every day we will have rotational teams of YAs who will lovingly assist in help cleaning the kitchen & dining area after meals. ☺



Om Sai Ram